

Activity Center and Senior Services Starting on Page 17



# DES MOINES

FALL 2019

CITY CURRENTS

**CLUB KHAOS**

SEE PAGE 24

**Fall  
Community  
Events**

SEE PAGE 31

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*Rec'n Roll*

Find Us Starting on Page 24



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# Starting on Page 17

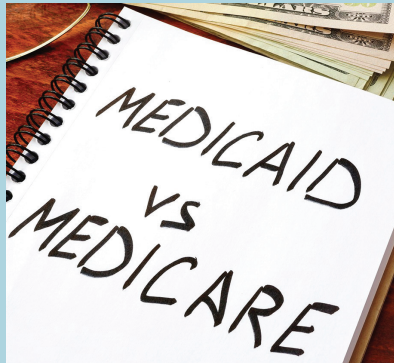
Your Guide to Des Moines Parks, Recreation & Senior Services

Check out the FALL schedule.

- Adult & Senior Activities—Page 17
- CLUB KHAOS—Page 24
- Youth Sports/Leagues—Pages 25–26
- Fall Community Events—Page 31



Rec'n Roll



# 2019 Fall

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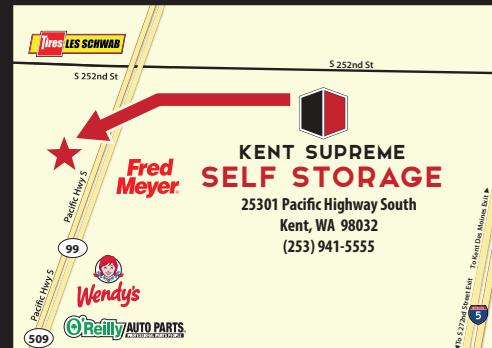
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# Council Highlights

## CITY COUNCIL HIGHLIGHTS FROM MAY-JULY

### ORDINANCE 1715-1720 RESOLUTION 1397-1401

#### Approved the Following Action:

- Interfund Loan of \$125,000 for the Purchase of the Van Gasken Property, Ordinance No. 1715.
- Updating the Administrative Provisions of the Business and Occupation Tax Code, Ordinance No. 1716.
- Appointment of Claims for Damages Acceptance, Resolution No. 1397.
- 2019 Des Moines Farmers Market Agreement.
- Lease with Fluid Motion, LLC (dba Ranger Tugs) for the Use of Dock Space in the Guest Moorage Area of the Marina.
- Property Acquisition: 402 S 222nd Street.
- 2019 4Culture Arts Sustained Support Grant Acceptance.
- Grant Acceptance and Economic Development Partnership Agreement with Port of Seattle.
- Property Acquisition: 22106 28th Avenue S.
- Des Moines Play Area Projects – Rejection of Bids.
- 2019 Summer Events Agreement with Destination Des Moines.
- Collective Bargaining Agreement with the Des Moines Police Guild.
- Highline College Urban Agriculture Presentation.
- Held Study Session to Discuss Aviation Topics.

## DES MOINES CITY COUNCIL



**Matt Pina**  
Mayor



**Vic Pennington**  
Deputy Mayor



**Robert K Back**  
Councilmember



**Luisa Bangs**  
Councilmember



**Matt Mahoney**  
Councilmember



**Traci Buxton**  
Councilmember



**Jeremy Nutting**  
Councilmember

**City Council meets  
1<sup>st</sup>, 2<sup>nd</sup> and 4<sup>th</sup>  
Thursdays  
at 7pm**

- South 216th Street – Segment 3: Consultant On-Call Agreement Task Assignment for Construction Management Addendum.
- Surface Water Management Amendment: S 251st Street Pipe Replacement Project.
- Marina Redevelopment Consulting Contract.
- Increasing Speed Limits on Certain City Streets, Ordinance No. 1717.
- Lodging Tax Advisory Committee Spending Recommendations.
- Interlocal Agreement Between the Cities of Burien, Des Moines, Normandy Park, SeaTac and King County for Stormfest.
- Marina Facilities Lease Extension, CSR Marine South.
- 6th Avenue S and S 239th Pipe Project Task Assignment Amendment.
- Amendment 1 to the Professional Management Services Contract with Wesley.

- Highline College Urban Agriculture Use Agreement for Mary Gay Park.
- Interlocal Agreement with Highline School District for a School Resource Officer at the Olympic Site.
- Authorized Staff to Apply For and Accept a Washington State Boating Facilities Program Grant for the Des Moines Marina Guest Moorage Electrical Upgrades Project, Resolution No. 1399.
- 24th Avenue South and South 208th Street Intersection Improvements: Consultant On-Call Agreement Task Assignment for Engineering Services.
- Pacific Heights PUD Final Plat, Resolution No. 1400.
- Compensation for Non-Represented Employees, Resolution No. 1401.
- City of Des Moines Shoreline Master Program Periodic Review and Amendment, Ordinance No. 1720.
- Purchase of Equipment.
- Mary Gay, Sonju and Van Gasken Park Enhancements: Removal of Non-Park Related Structures.
- Des Moines Memorial Drive South and South 200th Intersection Improvement Project Authorization for Condemnation, Ordinance No. 1718.

#### Held Public Hearings:

- Zoning and Amending the Use Table in DMMC 18.52.010B, Adding and Revising Definitions in DMMC 18.01.050.
- 2020-2039 Transportation Improvement Plan, Resolution No. 1398.
- Second and Third Reading Related to Zoning and Amending the Use Table in DMMC 18.52.010B, Adding and Revising Definitions in DMMC 18.01.050, Ordinance No.1719.

#### Other Action Taken:

- South Sound Boating Season Opening Day Proclamation.
- Held Executive Session to Discuss Labor Negotiations under RCW 42.30.140(4)(a).
- Held Executive Session to Discuss Potential Litigation under RCW 42.30.110(1)(i).
- Maury Island Proclamation.
- Probation Officer of the Year Award.



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# From the Mayor



By Mayor Matt Pina

FALL IS A PERFECT TIME TO REFLECT AND EMBRACE CHANGE. We leave the summer heat behind and the blooming flowers are replaced by falling leaves. I hope you had the opportunity

to enjoy all the many Des Moines summer events. Be sure to check out this edition of the City Currents to see what is in store for fall!

The City continues to remain solvent and strong. In this article I would like to take this opportunity to make sure you get to know the team that is responsible for this and highlight their diverse skill sets and activities on your behalf.

Something you may not know is that in addition to attending Council meetings, most Councilmembers work full time jobs during the day. They also spend a great deal of time attending community meetings, City Council committee meetings, other meetings related to the City and attending all the great events happening around town.

I am pleased to introduce you to your Des Moines City Council/Team:

### Mayor – January, 2010 to current

The Mayor presides at the meetings of the Council and is recognized as the head of the City for all ceremonial purposes. The Mayor serves on a number of regional committees representing the interest of the City in diverse venues. Working with the City Manager, it is the Mayor's responsibility to set Council agendas.

The Mayor is elected by a majority of Councilmembers and serve 2 year terms. I am currently serving my second term. I serve as the Council's Liaison on the High-line Forum and also serve on the Council's Economic Development, Environment and Ad-Hoc Franchise Agreement Committees.



### Deputy Mayor Vic Pennington – January, 2014 to current

Deputy Mayor Vic Pennington serves in the role of Deputy Mayor serving in the role of Mayor when I am absent. Vic is

Chair of the Council's Public Safety/Emergency Management Committee, Vice Chair of the Council's Economic Development Committee and serves on the Council's Ad-Hoc Franchise Agreement Committee.

Vic's passion is emergency management and assuring adequate resources are designated for public safety and first responders, as he has been involved for over 30 years in life safety operations for the South King Fire & Rescue.



### Councilmember Jeremy Nutting – May, 2013 to current

Councilmember Jeremy Nutting serves as the Chair on the Council's Municipal Facilities and Economic Development Committees. He also serves as the Council Liaison to the Des Moines Human and Senior Services Advisory Committees.

Jeremy is a great champion for our families, children and schools. He is a great resource for issues related to economic development and was a strong advocate for the efforts that lead to replacement of the Redondo Boardwalk. In his role as chair of the Municipal Facilities Committee he is a champion for enhancing our City, park space and infrastructure.



### Councilmember Luisa Bangs – June, 2015 to current

Councilmember Luisa Bangs devotes many hours of her time representing the City on various regional committees and finding ways to enhance quality of life for our residents and families.

She serves as the Council Liaison for the Des Moines Arts Commission, the Police Department Advisory Board, Sound Cities Association Regional Law Safety & Justice Committee and the South King Housing and Homelessness Partners. Luisa serves as Vice-Chair of the Council's Municipal Facilities and Public Safety/Emergency Management Committees and sits on the Ad-Hoc Franchise Agreement Committee.

She is committed to the enhancement of our parks and in supporting the City's law enforcement efforts through the Police Department.



### Councilmember Robert Back – January, 2016 to current

Councilmember Robert Back has been a dedicated Councilmember committed to achieving excellence. Rob was recently

elected to the Association of Washington Cities (AWC) Board of Directors. He became the first Des Moines Councilmember to win election to the Board.

Rob earned this position by completing his certificate of municipal leadership by taking numerous classes, workshops and seminars offered by AWC. He earned this award within his first 2 years as an elected official, the first time this has happened in Washington State. Continuing his quest for knowledge he went on to earn an advanced certificate in his third year.

Rob serves as the Council Alternate on the SCORE (South Correctional Entity), SR509 Executive Committee and the South County Transportation Area Board. He is also the Vice Chair of the Council's Transportation and Environment Committees.

Congratulations Rob on this awesome achievement to represent our City.



### Councilmember Traci Buxton – January, 2018 to current

Councilmember Traci Buxton is the Council Liaison to the Sound Cities Association Public Issues Committee (PIC) and serves as the Council Alternate to the Des Moines Farmer's Market and the Des Moines Human and Senior Services Advisory Committees.

Traci is the Chair of the Council's Environment Committee and is a member of the Municipal Facilities and Transportation Committees.

On Saturday mornings you can find Traci volunteering her time at the Des Moines Creek Park Run.



### Councilmember Matt Mahoney – January, 2018 to current

Councilmember Matt Mahoney is the Council Liaison on the Des Moines Farmer's Market Committee, the SR509 Executive Committee, South County Transportation Board and organized this year's Waterland Parade.

He also serves as the Council Alternate to the Police Department Advisory Board and Sound Cities Association Public Issues Committee (PIC). Matt serves as Chair of the Council's Transportation Committee and is a member of the Public Safety/Emergency Management Committee.

*Thank you,  
Matt Pina*

*Mayor and Councilmember  
City of Des Moines, Washington*

# Make Sure Your Household Maintenance Practices Don't Result in an Illicit Discharge

It's important to maintain your home, landscapes and cars. Unfortunately, if done incorrectly, some of these maintenance practices could lead to an illicit discharge. Here are some tips to help you keep it green while you clean:



- Take your car to a commercial car wash or wash it on the lawn so that the wash water drains to a landscaped area. (Make sure to avoid parking over drinking wells or septic systems.)
- When pressure washing homes, garages or sheds, use the lowest setting and aim the wash water to a landscaped area. If possible, avoid using cleaning products and sweep/rake up paint chips to prevent them from entering stormdrains.
- Sweep sidewalks and driveways instead of using pressure washers (place swept up debris in garbage), or aim the wash water to a landscaped area.
- When cleaning carpets, filter and flush dirty water (if on sewer) or filter and spread over landscaped area if you are on a septic system (dirty wash water and cleaning agents can harm your septic system). If you are having your carpets professionally cleaned, ask the company about their wash water disposal policy first.
- Dispose of yard waste in a compost bin, yard waste bin or at a collection facility. Never dispose of yard waste in drainage ditches or stormwater ponds, as they interfere with the function of these stormwater facilities.

Following these maintenance tips will help ensure that only rain goes down the drain.

**For more information or to report an illegal discharge, please contact Tyler Beekley at 206-870-6869 or email at [tbeekley@desmoineswa.gov](mailto:tbeekley@desmoineswa.gov). After hours call hot line – 206-550-5612.**



## BALLPARK BANNER SPONSOR PROGRAM

To promote local business, we place 4x8' banners at Steven J Underwood Memorial Park and/or the Field House Park. The program runs from April to November, and businesses can have their banner fly for either one (1) year or three (3) years. Typically, these parks are booked solid from March through November, so the business would receive tremendous exposure. For more information or to participate in the program, please call 206-870-6547 or email [jb主st@desmoineswa.gov](mailto:jb主st@desmoineswa.gov).

## DES MOINES DIRECTORY

**City Hall**  
21630 11th Avenue S  
206-878-4595  
**Business Hours**  
Monday–Friday  
8am–4:30pm  
[www.desmoineswa.gov](http://www.desmoineswa.gov)



**City Council**  
Matt Pina, Mayor  
VPina@desmoineswa.gov  
Vic Pennington, Deputy Mayor  
VPennington@desmoineswa.gov  
Luisa Bangs  
LBangs@desmoineswa.gov  
Robert K. Back  
RBack@desmoineswa.gov  
Matt Mahoney  
MMahoney@desmoineswa.gov  
Traci Buxton  
TBuxton@desmoineswa.gov  
Jeremy Nutting  
JNutting@desmoineswa.gov

**City Offices**  
City Attorney 206-870-6553  
City Clerk/  
Communications Director 206-870-6519  
City Manager 206-870-6519  
Planning/Building 206-870-7576  
Engineering 206-870-6522  
Facilities Rentals 206-870-9370  
Finance Director 206-870-6532  
Marina 206-824-5700  
Municipal Court 206-878-4597  
Parks Administration 206-870-6527  
Police Department 206-878-3301  
Public Works/Park Maintenance 206-870-6559  
Recreation 206-870-6527  
Senior Services 206-878-1642

**Other Numbers**  
Emergency 911  
Animal Control 206-870-6549  
Field House 206-870-6527  
Fire (non-emergency) 253-839-6234  
Library, Des Moines 206-824-6066  
Library, Woodmont 253-839-0121  
Police Dispatch (non-emergency) 206-878-2121

**Utilities and Services**  
Century Link 800-573-1311  
CleanScapes 206-762-4900  
Comcast 877-778-7008  
Highline Water District 206-824-0375  
Lakehaven Water/Sewer 253-941-1516  
Midway Sewer District 206-824-4960  
Puget Sound Energy 800-321-4123  
SW Suburban Sewer 206-244-9575  
Water District #54 206-878-7210  
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**SATURDAY  
SEPT. 28**  
6 - 9:30 pm

Join us as we raise money for the arts and celebrate Highline College's introduction of its new 4-year Art and Design Degree

**NEW LOCATION**  
Highline College Student Union  
2400 S 240th

**20<sup>th</sup> Annual  
BAYSIDE  
BRUNCH**

**SUNDAY  
NOV. 3**  
9:30 am - Noon



Journey with us back to high school days as we raise funds to support kids and seniors

**SAME GREAT LOCATION**  
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Des Moines Marina

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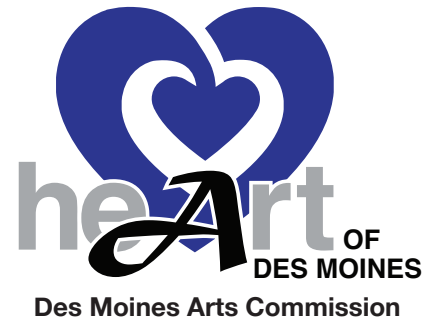
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Wesley is a not-for-profit organization offering a full spectrum of lifestyle options for aging well, including residential communities, in-home health and care services in King and Pierce counties.



Des Moines Arts Commission

The Des Moines Arts Commission, an appointed body that represents the City of Des Moines in Art related community engagement, would like to thank the citizens of Des Moines for making the Summer Concert Series in 2019 one of our best years yet! We are thankful that we have the City of Des Moines Mayor, City Council and staff that have supported some major changes to the series this year including a larger stage, sound system, collaboration with the farmers market, local businesses for sponsorship and bringing a variety of food trucks.

In case you missed it, the Summer Concert Series is a flagship event that the Des Moines Arts Commission coordinates free of charge every Wednesday in July and August at 7pm in the Beach Park. Different local musical groups perform free concerts for the Des Moines Community. This is a family and pet friendly event welcome to all ages. Bring your own blanket, chair or enjoy one of the grassy nooks in the Park and listen to a wide variety of music. We hope to see you at our 2020 Summer Concert Series and thank you again to all the attendees who supported the 2019 Summer Concert Series.

*Sincerely,  
The Des Moines Arts Commission*

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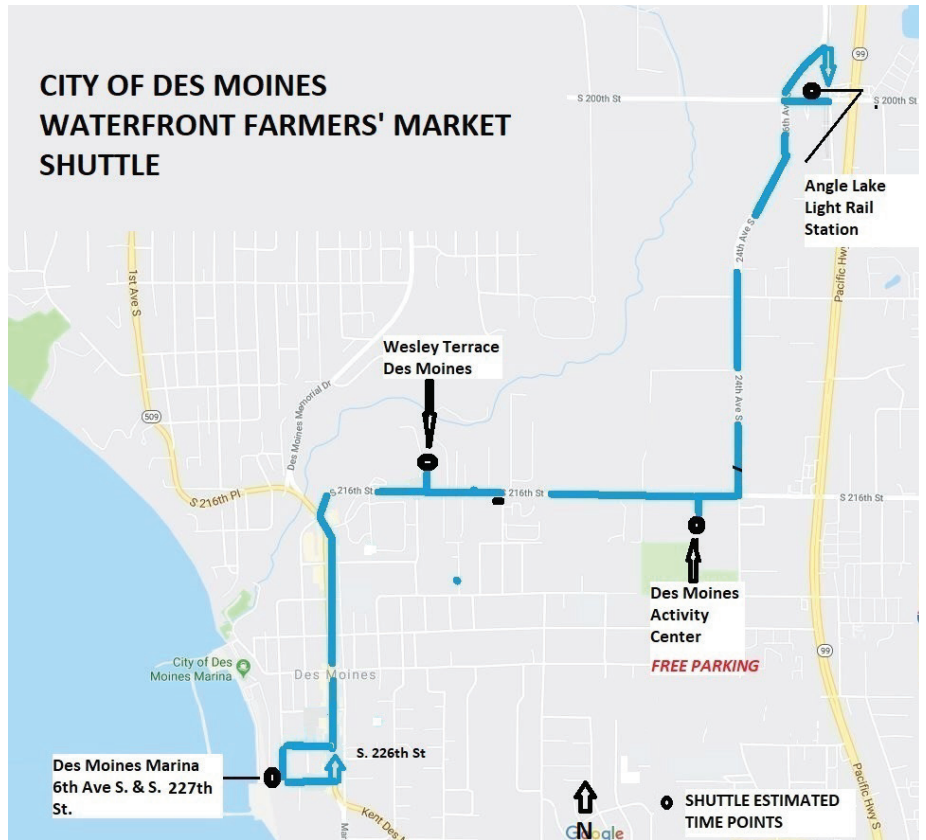
**WINTER ISSUE AD RESERVATION DEADLINE: OCT 24**



# City of Des Moines Waterfront Farmer's Market Shuttle

Ride the Free Farmer's Waterfront Market Shuttle on Saturday's between 10 am and 3 pm running every 1/2 hour between the South Marina Park and the LINK Angle Lake Station. Invite your friends to take the light rail to this fun event or jump on/jump off anywhere along the route. The schedule is posted on the City web site at: [www.desmoineswa.gov](http://www.desmoineswa.gov)

Please note that on September 21, 2019 the free service will be replaced by Metro's regular service, Route 635 Des Moines Community Shuttle, with expanded operations on Saturdays and weekdays.



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@MTRAINIERPOOL

# ACTIVE SHOOTER

## WHAT SHOULD YOU DO?

Des Moines Police Department will be offering FREE training on how to respond during an active shooter situation. These events are occurring at exponential rates in our society.

We can no longer wonder if, but when it will happen and where will it occur. We believe citizens should be prepared so that they will know what to do.

Training will take place  
on Saturday,  
September 21, 2019  
10am - 1pm

Des Moines Police Department  
- Public Meeting Room  
21900 11th Avenue South  
Des Moines WA 98198

Register by calling Tonya Seaberry  
206-870-7619 or email  
tseaberry@desmoineswa.gov

**SPACE IS LIMITED**

The Des Moines Arts Commission and the MaST Center present the 7th annual

## Squid-A-Rama

This annual event is FREE to the public and features art and science activities for all ages.

Enjoy an art exhibit by local students, live squid release by scuba divers in the Puget Sound, and underwater live video!

**Saturday**  
**Nov. 9, 2019**  
**4pm-7:30pm**

Artwork by Ariana Cogzel  
9yrs old  
Title: Liquid Squid  
Medium: Messy Acrylic

**MaST Center**  
**28203 Redondo Beach Drive S.**  
**Des Moines, WA 98198**

Anana

# WANTED

## Participants for the Des Moines Police Citizens Academy

The Des Moines Police Department is currently looking for residents and business owners who are interested in the 2019 Fall Citizens Academy. The goal of the Des Moines Citizens Academy is to improve upon police and community relations by providing a better understanding about the duties of law enforcement.

If you are at least 21 years of age, live or work in Des Moines and have no felony convictions we want you! There is no cost for this informative training.

**Wednesday Evenings**  
**September 18 — November 20 6:30pm**  
**Deadline to register August 31st, 2019**

**For more information or to apply**  
**[www.desmoineswa.gov](http://www.desmoineswa.gov)**

**REWARD:** **SHEDS**



## STREET BANNER PROGRAM

Along Marine View Drive, cross streets and areas of 7th Avenue, are colorful banners promoting local businesses. The banners are fade-resistant and made from a heavy 22-ounce vinyl. Each banner is \$275 for one year with an annual renewal fee of \$175. Returning businesses have first priority, but if you would like to participate in this program or want to learn more, please call 206-870-6547 or email [jbest@desmoineswa.gov](mailto:jbest@desmoineswa.gov) for additional information.

## City Works to Pass Bill for Locating New Airport



Governor Jay Inslee signs bill to start site-selection process for Washington's next primary airport. Des Moines linked people in picture (left to right) Senator Karen Keiser, Councilmember Robert Back, Representative Tina Orwall, Councilmember Luisa Bangs, and City's lobbyist Anthony Hemstad.

Many area residents are concerned with how intensively the Sea-Tac Airport is used. Finding ways to divert future flights away from Sea-Tac Airport is one long-term solution for a better quality of life in Des Moines. This past legislative session the City of Des Moines worked very actively with Senator Karen Keiser and Representative Tina Orwall to successfully pass SSB-5370. That Bill creates a new commission to review sites for Washington's next primary airport. Senator Karen Keiser and Representative Tina Orwall showed great leadership in building a strong coalition that enabled this bill to become law. Commission members are now being selected and a new airport location is to be selected by January 1, 2022. While a new airport will not replace Sea-Tac, it will allow for growth in flights to take place elsewhere in the region. This bill was one of the City of Des Moines' legislative priorities and City Councilmembers actively helped in lobbying for its passage.



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CWU is an EEO/AA/Title IX Institution. For accommodation email: [DS@cwu.edu](mailto:DS@cwu.edu).

## Community Festival

Saturday, September 7, 2019

10am - 6pm

First Baptist Church

22415 - 19th Avenue South, Des Moines

(across from Mt. Rainier High School)

**ALL DAY MUSIC - FOOD - CRAFT FAIR**

# R.A.D.: Rape Aggression DEFENSE

Can you defend yourself?

R.A.D. is a women-only course, which begins with risk reduction and avoidance, followed by the basics of hands-on defense training. R.A.D. is not a martial arts program. The techniques are suitable for women of all ages and abilities.

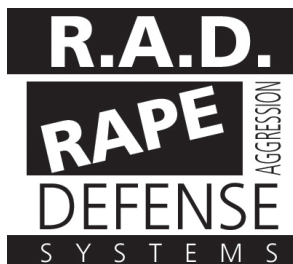
## Basic Self Defense Class for Women Hosted by the Des Moines Police Department

The program consists of hours of instruction broken into multiple days and smaller time increments.

### 2019 FALL SCHEDULE

October 1st, 3rd, 8th & 10th –  
Tuesday & Thursday Evenings 6:30pm – 9pm

*(Mature discussion topics will be discussed, all participants must be 12 years of age or older).*



**Please contact CSO Tonya Seaberry at:  
tseaberry@desmoineswa.gov or 206-870-7619**



**Join your neighbors and police officers for coffee and conversation! No agenda, no speeches just a chance to get better acquainted with your police department.**

**Tuesday,  
September 24th, 2019**  
10am – 11am  
Des Moines Activity Center  
2045 S 216th Street

**Saturday,  
October 19th, 2019**  
10am – 11:30am  
North Hill Espresso  
208th & 1st Avenue

**Wednesday,  
November 13th, 2019**  
9am – 10am  
Wesley Terrace  
816 S 216th Street

**Thursday,  
November 14th, 2019**  
9am – 10am  
Wesley Gardens  
1122 S 216th

Avast Me Hearties!

**Buccaneers Bingo**

Must be 21 and older

Featuring Captain Sylvia O'Stayformore

**BINGO**

Costume Contest!!

**Friday, November 1<sup>st</sup>**  
5:30-9pm Des Moines Activity Center  
Call 206-878-1642 for more details

Single Pirates and Wenches: **\$25**

8-Top Table Reservation (limited): **\$150**

Admission includes 12 Bingo Sheets

Meal: **\$10**

- . Dine On Hearty Grub
- . Knock Back A Few Jell-O Shots
- . Win Some Loot
- . Cash Bar

**Hope No One Walks the Plank**

WESLEY DES MOINES

Normandy Park SENIOR LIVING

JDI

Proceeds benefit Des Moines/Normandy Park Senior Services & JDI Bothel #75



◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆  

# 12 Days of Goodness

Monday, December 23 10 am  
Des Moines Activity Center

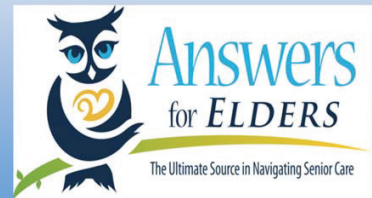


Together with some of pro football’s most legendary players, representatives from Answers for Elders and NFL Legends will be visiting the Des Moines Activity Center.

Join us for *The 12 Days of Goodness*, to bring joy and touch the hearts of seniors! Our mission is to inspire each and every fan to give at least one act of kindness to a senior during these 12 days.



[www.desmoineswa.gov/seniors](http://www.desmoineswa.gov/seniors)



## MEMORIAL BENCH DONATION PROGRAM

***New sites are available in the Marina and South Marina Park.***

The City installs and maintains many park benches throughout the city. The Bench Donation Program allows citizens and businesses to dedicate a bench to a family member or friend for a 10-year timeframe.

If you are interested in purchasing a bench to honor someone you know, please call 206-870-6547 for more information or email [jbtest@desmoineswa.gov](mailto:jbtest@desmoineswa.gov)

## Inspect your Septic System!

### Protect It and Inspect It

Have your system inspected every 3 years by a licensed septic professional. Some local health agencies can train you to do your own inspection.

Have your septic tanks pumped when necessary - generally every 3 to 5 years.

Keep your drinking water safe, protect the environment, and save money by maintaining your septic system.



Celebrate SepticSmart Week during the third week of September.

Learn more about your septic system:  
- [www.doh.wa.gov/septic](http://www.doh.wa.gov/septic)  
- [www.epa.gov/septicmart](http://www.epa.gov/septicmart)

**IMPORTANT!**



## Des Moines Police Department Community Meeting

7pm - Tuesday, October 15, 2019  
Des Moines Activity Center  
2045 South 216th Street

*There will be an opportunity for questions and comments. Be part of the conversation on what's happening in Des Moines!*



## Storm Drain Marker Volunteer Program

COME HELP MAKE  
A DIFFERENCE IN THE  
COMMUNITY!

Organizations or individuals can help raise public awareness, protect our water quality and reduce the amount of pollution by participating as a volunteer in our storm drain marking program. When it rains, water runoff collects oil, pet waste, grease, soaps and sediment, where it then enters into the storm drain system, polluting the surface water and the environment. You can spend as much time as you wish and choose the area you want to mark. Volunteers must be at least 15 years old.

Instructions, maps and storm drain-marking supplies will be provided. For more information, please contact Tyler Beekley, Water Quality Specialist at 206-870-6869, [tbeekley@desmoineswa.gov](mailto:tbeekley@desmoineswa.gov) or Janet Best, Volunteer Coordinator at 206-870-6547, [jbest@desmoineswa.gov](mailto:jbest@desmoineswa.gov).





# Yes! Girls Fight Back!

## FREE Middle and High School Girls Self-Defense Classes!

A comprehensive personal safety class teaching simple and effective techniques to expand personal awareness, improve risk reduction skills and learn some hands-on actions to maximize your own personal strength.

This is not a martial art class and no experience necessary. This training is for anyone who wants to be safe.

**6TH – 8TH GRADE**  
2 Fridays – 6 Hour Course  
October 18 & 25  
1:30pm – 4:30pm

**9TH – 12TH GRADE**  
3 Fridays – 9 hour Course  
September 13, 20 & 27  
1:30pm – 4:30pm

*Thank You to our sponsors for their support in making this program possible*



**To register or for more information contact:  
CSO Tonya Seaberry 206- 870-7619  
or email [tseaberry@desmoineswa.gov](mailto:tseaberry@desmoineswa.gov)**

# ONE COLLEGE. MANY PATHS.

Founded in 1961 as the first community college in King County, at Highline College you choose the educational and career path that's right for you! We offer more than 100 degrees and certificates in high-demand career fields as well as traditional transfer degrees and now five bachelor's degrees.

Explore Highline today, where open access and educational opportunity have been hallmarks since 1961.



[highline.edu](http://highline.edu)



Highline is an AA/EEO/Title IX Institution. TDD (206) 870-4853 19015 1/19

# MOUNT RAINIER POOL

GOVERNED BY THE DES MOINES POOL METROPOLITAN DISTRICT



*Come make a splash at  
Mt. Rainier Pool!*

**Swim Lessons, Family Swims and Water Exercise  
Get Pre-Approved for Scholarships Today!**

## FALL SCHEDULE 2019 (September 3–December 19)

	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>SHALLOW END</b>						
5:30-8:30am Water Walking (Mon-Fri) Workout on your own with water belts and walk the pool.					7-11am Swim Lessons	X
8:30-9:30am Aerobics Daily, 10-Visit, 3 Month and Annual Pass Options.						
9:30-11am Water Walking (Mon-Fri)						
11am-1pm Family Swim (Mon-Sun)						
1-3pm Cleaning					1-2pm Clean & Set-up	1-3pm Rentals (Lobby available until 4pm)
					2-4pm Open Swim Specials: -1st Saturday \$1 -3rd Saturday Wubit	
4:30-7pm Swim Lessons	4:00-7pm Family Swim	4:30-7pm Swim Lessons	4:00-7pm Family Swim	4-9pm Family Swim - 1st Saturday \$1 Teen Night (7-9 pm) - 3rd Friday - Not Available (Private PTA Nights)	4-6pm Rentals (Lobby available until 4pm)	X
7-9pm Family Swim	7-8pm Aerobics	7-9pm Family Swim	7-8pm Aerobics			
<b>DEEP END</b>						
5:30am-1pm Lap Swim (Mon-Fri)					7:00-11:00am Swim Lessons	X
					11am-1pm Lap Swim (Sat/Sun)	
1-3pm Cleaning and Maintenance					1-2pm Cleaning	1-3pm Rentals (Lobby available until 4pm)
					2-4pm Open Swim Specials: -1st Saturday \$1 -3rd Saturday Wubit	
3-7pm Not Available: Mt. Rainier High School and Private Swim & Dive Teams (Mon-Fri)					4-6pm Rentals (Lobby available until 4pm)	X
					7-9pm Lap Swim	

Newest calendar available for download of schedule page at [www.mtrainierpool.com](http://www.mtrainierpool.com)



*Come See the Difference!*

- Now Open 7 days/week
- More Weekend Family and Open Swim Times
- Expanded Scholarship Program
- American Red Cross Swim Lessons
- Visit our website for interactive schedule, events, rentals and much, much more

[www.MtRainierPool.com](http://www.MtRainierPool.com)

**Office Hours:**

Monday/Wednesday/Friday, 5:30am-9:00pm  
Tuesday/Thursday, 5:30am-8:00pm  
Saturday, 7:00am-4:00pm (Rentals 4-6pm)  
Sunday, 11:00am-1:00pm (Rentals 1-3pm)

**Cleaning and Maintenance Closures**  
Mon-Fri, 1-3pm and Sat, 1-2pm



@MTRAINIERPOOL

**22722 - 19<sup>th</sup> Ave S • Des Moines • 206-824-4722**

OPERATED BY THE DES MOINES POOL METROPOLITAN PARK DISTRICT





# THE DES MOINES ACTIVITY CENTER

Ages 50+ Fun & Activities

**Main Office** 206-878-1642

**Email** seniors@desmoineswa.gov

## Location & Hours

2045 S 216th, Des Moines, WA 98198

*[next to the Des Moines post office]*

Monday – Friday 9am–4pm



*friendship • fitness • fun*

## 2019 Holiday Closures

September 2, November 11, November 28–29,  
December 24 (offices close at noon), December 25

Find us on 

[www.facebook.com/DesMoinesActivityCenter/](http://www.facebook.com/DesMoinesActivityCenter/)

[www.desmoineswa.gov/seniors](http://www.desmoineswa.gov/seniors)

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## WHAT'S HAPPENING!

### Celebrate your birthday with us!

Second Tuesday of every month at 11:30am

### Grandparent's Day Celebration

Mon Sep 9 11:30am

### Hispanic Independence Day

Thu Sep 12 11:30am

### Pumpkin Bowl

Tue Oct 29 11am

### Halloween Costume Party + Day of the Dead Celebration

Thu Oct 31 11:30am

### Rainbow Bingo! (Pirate Themed)

Fri Nov 1 5:30pm

### Veteran's Day Celebration

Tue Nov 12 11:30am

### Turkey Bowl

Tue Nov 19 11am

### Thanksgiving Meal - Register by November 20

Tue Nov 26 11am

### Holiday Movies

Tue Dec 3, 10 & 17 12:30pm

### Holiday Luncheon - Register by December 12

Wed Dec 18 11:30am

### 12 Days of Goodness

Mon Dec 23 10am

### New Year's Eve Daylight Dance

Tue Dec 31 1:30pm–3:30pm

## SAVE THE DATE



**REGISTRATION  
FOR TRIPS  
AND CLASSES  
STARTS  
TUESDAY, AUG 20  
AT 9AM**



## ADULT ADVENTURES

### DAY TRIPS

Explore the Northwest and leave the driving to us! Ages 50+. Travel days vary. **Scholarships are available – ask when registering.**

#### Mt. Rainier Sunrise Visitor Center

Enjoy scenic views of the mountain. Bring a sack lunch.  
Wed Aug 21 9am–4pm \$12

#### Destiny Harbor Tour, Tacoma

See the city by boat. Bring a sack lunch.  
Wed Aug 28 11am–3pm \$60

#### Bellewood Farms, Lynden

Tour the farm on a train. Lunch TBD.  
Wed Sep 4 7:30am–4pm \$20

#### WA State Fair

We're going to the fair! The 2019 Washington State Fair is just around the corner. Bring school supplies for free admission. Mark your calendar for fun, food, rides, and entertainment!  
Fri Sep 6 10am–4pm \$15



#### Fall City Wallaby Ranch

Come pet a wallaby! Lunch TBD.  
Wed Sep 18 8:45am–3pm \$25

#### Seattle Underground

See what lies beneath the busy city. Lunch TBD.  
Wed Sep 25 9am–3pm \$30

#### Issaquah Salmon Hatchery

View adult salmon spawning, the fish ladder and hatchery holding ponds. Lunch TBD.  
Wed Oct 2 9am–3pm \$15

#### Fall Foliage Lunch Cruise, Seattle

Experience autumn beauty aboard a yacht along Lake Union and Lake Washington complete with plated lunch.  
Wed Oct 9 10am–3pm \$70

#### Carpinito's Pumpkin Patch, Kent

A sea of pumpkins, corn mazes & plenty of photo inspiration at this popular pumpkin patch. Bring a sack lunch or purchase from the concession stand.



Wed Oct 16 10:45am–2pm \$10

#### McMenamin's Elks Temple, Tacoma

The 1916 Elks Temple has been restored and reimagined into a vibrant gathering place. Enjoy a no-host lunch in one of the many pubs.

Wed Oct 23 10am–2pm \$15

#### Northwest African American Museum, Seattle

Discover interesting facts about the history of African Americans in the Pacific Northwest. Lunch at Seattle Fish Guys.

Wed Oct 30 10am–3pm \$20

#### Ilani Casino

Spend a day at the slots or table games. Lunch not included.

Wed Nov 6 7:30am–6pm \$40

#### Theo's Chocolate Factory Experience, Seattle

Get an inside view of their factory to see where the magic happens. Lunch TBD.

Wed Nov 13 9am–4pm \$25

#### Museum of History & Industry (MOHAI)

Rediscover history and get immersed in the lives and stories that made the Pacific Northwest the unique place it is today. Lunch TBD.

Wed Nov 20 9am–4pm \$26

#### Fantasy Lights, Spanaway

A 2-mile scenic drives around Spanaway Lake to see the Northwest's largest drive-thru holiday light display; warm and toasty in our heated, comfortable buses. Bring a sack dinner.

Thu Dec 5 4pm–8pm \$10

#### Seattle Men's Chorus, Rialto Theatre Tacoma

Ring in the season with a high-spirited celebration that brings together all your favorites: beloved carols, fresh takes on holiday classics, and show-stopping dazzlers! Be there with bells on! Dinner TBD.

Sat Dec 7 1pm–7pm \$70

#### Governor's Mansion Holiday Tours, Olympia

Tour the Governor's mansion all decked out for the holiday. Lunch at Budd Bay Cafe.

Wed Dec 11 9:30am–4pm \$20

### Golf Outings

Ages 50+. Enjoy 9 holes at Puget Sound courses. Transportation is available on a first paid basis or meet at the course. All players draw numbers to determine playing partners and tee position. Departure is 8–8:30am, and return time varies.

\$10 Transportation Fee.

Mon	Oct 7	Allenmore	\$tbd
Mon	Sep 9	Lake Wilderness, Maple Valley	\$17
Mon	Sep 23	Horseshoe Lake, Port Orchard	\$20

### Horticulture Outings

Ages 50+. Explore lush and varied Northwest gardens and nurseries. Lunch at local eateries or bring a sack lunch. Note: Transportation fees vary and does not reflect no-host lunch or garden admission fees.

Fri	Aug 16	Bradner Garden Park, Seattle Lunch: Bahama Breeze Depart: 10am	\$10
Thu	Sep 5	Portland Avenue Nursery, Tacoma Lunch: TBD Depart: 8:45am	\$10
Fri	Sep 20	Windcliff Gardens, Indianola Lunch: TBD Depart: 8:30am	\$20

### Out to Lunch

Ages 50+. Enjoy a no-host lunch at new and old favorite eateries around the Sound. All trips depart 10–10:45am and return about 2pm.

\$10 transportation fee.

Fri	Sep 13	Saimin Says Hawaiian Restaurant, Kent
Fri	Oct 11	Lobster Shop, Tacoma
Fri	Nov 8	Bourbon Street Creole Kitchen & Bar, Puyallup
Fri	Dec 13	Moctezuma Mexican Restaurant & Tequila Bar, Tukwila



### Ongoing Activities

Join in the fun! No registration required.

Wii Games & Sports	Mon/Wed/Fri	10am–1:30pm
Hand & Foot Cards	Mon/Fri	1pm–4pm
<b>NEW! Starts Oct 1! Bingo!</b>	Tue	1:30pm–3:30pm
Mexican Train Dominoes	Tue	1pm–4pm
Arts & Crafts	Wed	9am–11:30am
American Mahjong	Wed	12:30pm–3pm
Duplicate Bridge	Fri	10am–1:30pm



## LUNCH AT THE ACTIVITY CENTER

Lunch provided by Catholic Community Services. Join us for a nutritious and social lunch. Thursday's are our Latino Day with Sea Mar Community Health Centers. \$4 suggested donation.

Mon-Thu 11:45am Activity Center

\*No lunch served on September 2, November 28-29, December 25-26 and January 1.

### WONDERING WHAT'S COOKING?

View the monthly menu from the city's website:

[www.desmoineswa.gov/seniors](http://www.desmoineswa.gov/seniors)



## VOLUNTEER OPPORTUNITIES

The Activity Center could not operate at the level it does without volunteers. We have lots of opportunities for you to get involved within your community. Lunch provided. For more information, contact 206-878-1642.

- Kitchen volunteers
- Dining room set up
- Special events team
- Be a field trip van driver
- And many more!

**We love our Volunteers!**





## TRANSPORTATION

### Getting Around

Get your ORCA card—Senior and Disabled Reduced Fare  
No need to go downtown—ORCA is here! Come get your adult, senior and disabled regional ORCA card. Must be 65 to qualify as a senior. The card is free! Cash, checks and major credit cards accepted for e-purse payment.

Tue Oct 29 9:30am–11:30am

### Learn to Ride Metro Transit Bus and Light Rail

You must pre-register and attend both Part 1 and Part 2 classes. Call to register: 206-878-1642



#### Part 1: Classroom Presentation

Come learn how to ride and navigate the LINK light rail. Get useful tips on boarding, recognizing your trip, transferring from LINK to busses, paying, and planning your trip.

Mon	Sep 9	9:30am–11 am	English
Thu	Sep 19	9:30am–11 am	Spanish
Mon	Dec 2	9:30am–11 am	English

#### Part 2: Group Instruction Outing

Gain confidence by riding the bus and light rail with our group. The Metro instruction will escort us on a trip so we can practice riding the bus to the light rail. Then we'll all get on the light rail to the University of Washington, and make a practice stop along the way to experience getting on and off the light rail.

Wed	Sep 11	9:30am–2:30pm	English
Thu	Sep 26	9:30am–2:30pm	Spanish
Wed	Dec 4	9:30am–2:30pm	English

### AARP Smart Drivers Course

Age 50+. Discover how to be more aware in today's traffic. Reinforce good habits and iron out the bad habits that have crept into your driving pattern. Upon completion of the course your certificate will get you a discount on your auto insurance as required by state law. Lunch break provides an opportunity to take advantage of the Nutrition Lunch Program. Payment collected on first day of class in either check or money order form.



\$15 AARP Member/\$20 AARP Non-member  
Tue & Wed Oct 15 & Oct 16 10am–2:30pm

## STRESS FREE TECHNOLOGY

### Beginners Smart Phone Workshops

Must bring in your smart phone to class to facilitate learning these skills on a device regularly used. These classes are free workshops.

### Basic Smart Phone Settings

Learn basic settings on your phone and how to customize it. Increase your understanding of your touch screen shortcuts, settings menu, and contacts.

Mon Oct 14 & Oct 21 10am–11am Free

### Basic App Skills

Learn about different apps, how to install and use helpful apps.

Mon Oct 28 & Nov 4 10am–11am Free

## ARTS & CRAFTS

### Watercolor: The Fun and Easy Way

Whether you're just learning or an experienced watercolorist, this class provides a great balance of structured technique and creative expression. In each session of this six-week class, you'll create a new painting that uses a new watercolor technique while integrating the ones you've already learned. You'll paint seasonal subjects and landscapes from photos. Experience painters can branch off and add their own creative flourishes. Instructor: Sarah Schoenfeld, Highline College.

Tue Aug 20–Sep 24 1pm–2:30pm \$65

### Holiday Wreaths

Create a warm welcome for your home this season with a custom made wreath on the door. Decorate and learn how to change it up from Thanksgiving to Holiday theme!

Fri Nov 15 10am \$20

### Gingerbread Houses

Gingerbread Houses at the Des Moines Activity Center. Make and decorate a gingerbread house. All supplies provided, while they last.

Tue Dec 10 10am FREE

### Holiday Ceramics with Happy Creationz Studio

Choose a holiday ceramic, paint, apply sealant, dry, accessorize and take home. Perfect for holiday gifting or décor!

Mon Dec 16 10am–11:30am \$25

## ADULT FITNESS

### Enhance Fitness (Silver & Fit Eligible)



Improve physical conditioning levels and decrease the risk of falling with stretching, low-impact aerobics, strength training and balance exercises. Gym-type shoes are required and a water bottle always recommended. Co-sponsors are Group Health and Sound Generations. Instructor: Yu San Gartz

Tue/Thu/Fri	Field House	Drop-in fee: \$5
Sep 3–27	8–9am or 9:20–10:20am	\$48
Oct 1–31	8–9am or 9:20–10:20am	\$56
Nov 1–26	8–9am or 9:20–10:20am	\$44
Dec 3–27*	8–9am or 9:20–10:20 am	\$44

\*No class Dec 24

### Tai Chi–(Silver & Fit Eligible)



This class is broken down into Introductory Levels and Continuation Levels. The class familiarizes students with the basic movements of Tai Chi and explore the 24 patten sequence. The emphasis is on the no-impact, relaxed flowing movements which aid in balance, increased strength and vitality. Wear comfortable, loose clothing. Instructor: John Lindsay

Mon/Wed	NP City Hall Rec Ctr	
Sep 23–Oct 16	11am–12pm	\$60

## SUNDAY WALKS!

Local resident Gary McNeill hosts walks on (typically) the 3rd Sunday each month. The location and routes of the walks are subject to change, so updated information can be obtained on Meetup.com by searching for Des Moines Waterland Walking Group.

Sat	Sep 14	11 am	Meet at Farmer’s Market Info Booth at Des Moines Marina
Sun	Oct 20	11 am	Meet at Highline College South Parking lot near intersection of South 240th St. and 25th Avenue South
Sat	Dec 14	11 am	Meet at Big Catch Plaza at intersection of South 216th St, 7th Ave South, and Marine View Dr (Next to Dollar Tree)

### Yoga–All Levels Welcome (Silver & Fit Eligible)

Guided Meditation & Gentle Yoga for seniors: This class begins with a seated guided meditation and then moves to gentle, all levels seated and standing postures with the assistance of a chair. Develop strength, flexibility, balance and focus. Poses work the spine, hips, shoulders, ankles and feet, hands and wrists. Come practice patience, ease, and gentle quiet strength and effort for stability and longevity. Instructor: Meagan of Sugarcane Yoga.



Thu		Activity Center
Sept 5–Oct 31*	4:30pm–5:30pm	\$55
Nov 14–Dec 26*	4:30pm–5:30pm	\$55

\*No class Oct 17 and Nov 28

### Dance for Parkinson’s

(For adults with movement issues)

Explore dance movements in a welcoming environment with live music. Caregivers and friends are invited to join in! No dance experience necessary. Presented by Seattle Theatre Group (STG) and Spectrum Dance Company. Register in advance by calling Shawn Roberts, Seattle Theatre Group, 206-518-5232 or in person at the first class. Suggested donation \$5.

**“They made me laugh out loud, which is harder to do these days.”**

– Participant

Mon	Activity Center
Sep 9–Oct 28	2pm–3:30pm

### NEW! Easy Does It Fitness

These chair based exercises will develop your cardio fitness, balance, muscular strength, and increase flexibility.

Mon–Thu	Activity Center
Ongoing	11am–11:30am

## SUNDAY DANCES!

Dancing stimulates your mind, body and soul! Waltz, Jitterbug, Swing...move to the live music of Randy Litch on our beautiful hard wood floor. Adults of all ages welcome!

Sun	Activity Center	
Aug 25	1pm–3 pm	\$5
Sep 22	1pm–3 pm	\$5
Oct 27	1pm–3 pm	\$5
Tues	Activity Center	
Dec 31	1:30pm–3pm	\$5



## BLUEPRINT FOR LIVING

A series of workshops and presentations designed to enhance your independence. Presentation are free unless otherwise noted and held at the Des Moines Activity Center. Register in advance by calling 206-878-1642.

### EVENTS

#### Coffee with a Cop

Come have a chat with Tonya Seaberry, Des Moines' own Community Service Officer. Ask that question, find out about events happening in the city, and get to know what your police force is doing these days.

Tue Sep 24 10am-11am

#### Aviation History Series – The Flight Girls

Come hear the fascinating stories of female pilots of World War II – German, English, American and more. Learn the important part women aviators played as WASPS, WAFFS, the Night Witches, ATA and Air Racing.

Speaker: Noelle Salazar

Tue Oct 10 7am-8pm

### CLASSES AND WORKSHOPS

#### Support Group

Des Moines Activity Center hosts a weekly caregiver support group. Caregivers share their joys, challenges and resources in a friendly informal group who can empathize and offer valuable insights, suggestions, and resources. Caregivers are welcome to bring their loved one and a volunteer will provide activities for them. No registration necessary. In cooperation with Des Moines United Methodist Church.

Thu Ongoing 2pm-3:30pm

#### Medicare and Medicaid – Sorting Out the Options

Did you know you can change your Medicare plan to better meet your current needs? What plan is best for you now? When can I change my plan and how much will it cost? Come to this class and get these and your other questions answered. After class, you can schedule a one-to-one appointment with a volunteer social worker or SHIBA (Statewide Health Insurance Benefits Advisors) volunteer. Instructor Gerry Stone, Social Worker (retired).

Wed Oct 2 1pm-2:30pm

#### Medicare 101

Meet with a SHIBA representative to view a PowerPoint presentation to discuss your Medicare options. Schedule your individual appointment. Q&A to follow.

Wed Oct 16 10am

#### Hospitalization Happens: Know Your Options & Resources

Whether it's a planned hospital stay or an emergency, the actual discharge process can be a whirlwind of tough decisions. You may need housing, rehabilitation or home care. Because of changes in Medicare funding rules, much of the care will not be at the hospital but provided after you are discharged at home or at a skilled community. Educating yourself on options will ease your stress level during your road to recovery. Learn how to be the best advocate for yourself or a loved one. Presented by: Sheila Goodfellow, CSA and Transitional Care Manager, Comfort Keepers.

Tue Oct 22 10am-11am



#### Handi-Person Skills – Painting!

Does your house need a bit of sprucing up? Painting is a great way to brighten up any room. Join us in some hands-on learning to get a wall ready to paint – fill holes, tricks for taping, and choosing the right kind of paint. Get all your questions answered and see demonstrations on how to save yourself time, money, and frustration. Robbie Waitt, Assistant Director of Environmental Services (aka Whatever-Needs-Fixing), of Wesley Gardens.

Tue Nov 5 10am

#### Senior Safety

What controls your ability to live safely?

Join CSO Tonya Seaberry as we talk openly about how to ensure you are living your life safely. We will discuss safety plans, scams, frauds and other safety issues. We will also talk about how our perceptions could be doing us more harm than good.

Tue Dec 3 10:30am-11:30am



### Holiday Movie Favorites – Come Watch with Friends

Watching old and new favorite holiday movies is more fun with friends, popcorn, and movie candy. We'll set up a "living room" so come enjoy the comradery of movies together on our big-screen TVs. Movie trivia game and prizes included. White Christmas, anyone?

Tue Dec 3, 10, 17 12:30pm

### New Year's Eve Day – Light Dance

Come dance the afternoon away New Year's Eve style with the live music of Randy Litch. We'll clear the floor, decorate for the New Year, and have a lovely appetizer spread for you. Bring a partner or come on your own, we'll dance the cha-cha, waltzes, line dances and more. Dress up for the occasion and dance to celebrate the end of 2019 and welcome 2020!

Tue Dec 31 1:30pm–3:30pm

## FREE HEALTH & SERVICE PROGRAMS

Ages 60+

### Statewide Health Insurance Benefits Advisors (SHIBA) Services

2nd Wednesday's of each month.  
By appointment only, please call  
206-878-1642.

### Foot Care

Wednesday's by appointment only,  
please call 206-878-1642.

### On-site Social Worker

Meet with Gerry Stone whose social support service focuses will be for grief support, one-to-one counseling, resources and information, leading workshops (Medical Power of Attorney, Health Care Directives), and assistance with health insurance, caregiver and depression issues. By appointment only, please call 206-878-1642.

Wednesday's

10am–2pm

### Legal Services

4th Thursday's of each month. By appointment only, please call 206-878-1642.

### Immigration Consultation

The last Friday of the month, free 30 minute Immigration Consultations to answer questions about Green Card Renewal, Naturalization, Citizenship, Travel Documents, Freedom of Information Act Requests, Work Permit Application & Renewal, and bringing family members to the U.S. and more.

By appointment only, please call 206-779-5429.

Provided by the West African Community Council's Immigration and Referral Service.

### Blood Pressure Screenings

2nd and 4th Tuesday of each month

11:30am–12pm

## MEDICAL LENDING CLOSET

Are you slated for a surgery and may need medical equipment such as a bath bench, walker or commode during rehab? Check out our self-service Medical Lending Closet!

- Donation suggested (\$5–25)
- Equipment available for short-term use
- Available on a first-come basis
- Items are clean when checked out and should return clean



### MEDICAL LENDING CLOSET

**Des Moines Activity Center • 2045 S 216th Street, Des Moines WA**

**Monday–Friday, 9am–3:30pm**

**206-878-1642**

## Law Offices Of Regeimbal, McDonald & Young, PLLC

612 S. 227th St.  
Des Moines, WA 98198  
Phone: 206-212-0220

Website: [desmoineselderlaw.com](http://desmoineselderlaw.com)

*Providing Elder Law Services to the community for 27 years.*



## Club KHAOS

### Kids Having An Outrageous School Year!

Our energetic and dedicated staff will ease you and your kids into an outrageous school year filled with fun, friendships and enriching experiences to stimulate their imagination, spark their learning skills and develop healthy habits with K-Fit!

**Grades K-5 Mon-Fri R/NR**  
 Registration Fee: \$30/\$35

**Highline School District Sites:** Des Moines, North Hill, Marvista, Midway & Parkside Elementary Schools

**Financial Scholarships Available:**  
 Please call 206-870-6527 for detailed information!

Monthly sessions throughout the school year.

### Wake up in KHAOS

Start your child's day with friends and caring staff. A nutritious snack and a morning filled with enriching activities, individual and group playtime.

**6:30am – school starts**

Dates	R/NR
Sep	\$280/\$340
Oct	\$325/\$393
Nov	\$221/\$268
Dec	\$221/\$268
Daily Drop-in Fee:	\$17.75/\$21.50

### Sunset in KHAOS

Relax knowing your child, fueled with a nutritious snack, will burn off that excess energy absorbed in lively games, seasonal arts, crafts and creative play. Time is set aside for homework.

**School dismissal – 6pm**

Dates	R/NR
Sep	\$293/\$353
Oct	\$357/\$429
Nov	\$239/\$286
Dec	\$235/\$282
Daily Drop-in Fee:	\$17.75/\$21.50
Early Release Fridays:	\$23/\$27

### Sunrise to Sunset

Give yourself a worry-free day by knowing that you are covered both before and after school; plus a significant fee reduction.

**6:30am – 6pm**

Dates	R/NR
Sep	\$405/\$491
Oct	\$469/\$568
Nov	\$320/\$388
Dec	\$320/\$388

*All prices subject to change due to school district schedules.*

### Break Camp

This is your solution to not having time off when your child does! Break Camp provides a warm, caring and safe environment where friendships flourish and leadership skills blossom through participation in enriching experiences cleverly presented under the guise of arts, crafts, games, tutoring and reading. Children keep fit participating in active games and athletics. You send lunch, we provide nutritional snacks!

**6:30am – 6:00pm**

Day	Dates	Field House Camp Type
Fri	Oct 11	No School
Mon	Nov 11	Veterans Day
Mon-Wed	Nov 25-27	Conferences
Mon-Fri	Dec 23-Jan 3	Winter Break*

*All dates subject to change due to school district schedules.*

\* No Break Camp on Dec 25.

Daily Drop-in Fee:	R/NR \$40/\$45
Winter Break Fee:	\$299/\$337

**HALLOWEEN CARNIVAL!**  
 THURSDAY, OCTOBER 31  
 5-8pm @ the Field House  
 1000 SOUTH 220<sup>TH</sup> STREET

A host of "frightfully fun" skill challenging games!  
 Ages: 12 and under\*. \$5 admission and non-perishable food donations (optional) for the Des Moines Food Bank.  
 \*CHILDREN UNDER AGE 5 MUST BE ACCOMPANIED BY AN ADULT.



## YOUTH SPORTS/LEAGUES

### Youth & Teen Basketball Leagues

Hoop season is here – and the focus shifts to developing basketball techniques, effective team building while providing players with a competitive experience – all for an affordable cost!

**League Sponsor:**

Land O’Frost Premium Lunchmeats



**Season:** Late November – early March

**Games:** Played on Saturday’s at local schools and the Field House

**Practices:** Scheduled one weekday night a week starting late November



### Co-ed Youth Division Features 8-foot Baskets!

Ages 4-K  
Grades 1-2

### Youth Recreation Divisions

<b>Boys Division</b>	<b>Girls Division</b>
Grades 3–4	Grades 3–4
Grades 5–6	Grades 5–6
Grades 7–8	Grades 7–8

Check out our Early Bird Rates! The earlier you register, the more affordable... best deal begins in September.

<b>Registration Dates</b>	<b>Player Fee</b>	<b>R/NR</b>
Sep 1–30		\$75/\$90
Oct 1–31		\$84/\$100
Nov 1–17		\$105/\$125
Nov 18		Registration Closed
Nov 18–Dec 13*	Waitlist Registration	\$155/\$185

\*Placement on a team is not guaranteed

### Basketball Coaches Meeting

Tue	Nov 5	6pm	Field House
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**Saturday, December 7**

**Des Moines Activity Center**


Seating #1 ~ 9am–10:15am

Seating #2 ~ 10:45am–12pm


Children: \$8, Adult: \$4, Age 2 & under: Free



Join us for a delicious pancake breakfast with Santa! Enjoy holiday activities and visit with Santa about holiday wish-lists. A parent or responsible adult must accompany children. Pre-registration required.



# RECREATION SCHOLARSHIPS



**The City of Des Moines Parks Recreation and Senior Services strives to make all programs and activities accessible to all people regardless of income. Scholarships will be granted on a percentage discount, depending on individual circumstances. All information will remain confidential. To be eligible for a scholarship, you must reside within the city limits of Des Moines, WA and meet the family size/yearly income requirements. Applicants meeting eligibility guidelines are awarded up to \$150 per quarter per calendar year. Eligible residents will be required to provide proof of identification, residency, and income. Scholarship applicants must be approved prior to registration. Call 206-870-6527 for more information.**

**La Ciudad de Des Moines Parques de Recreación y Servicios para Personas Mayores se esfuerza por hacer que todos los programas y actividades sean accesibles a todas las personas independientemente de sus ingresos. Las becas se otorgarán con un descuento porcentual, dependiendo de las circunstancias individuales. Toda la información permanecerá confidencial. Para ser elegible Para una beca, debe residir dentro de los límites de la ciudad de Des Moines, WA y cumplir con el tamaño de la familia / ingresos anuales. Reunión de solicitantes Las pautas de elegibilidad se otorgan hasta \$ 150 por trimestre por año calendario. Los residentes elegibles deberán presentar prueba de identificación, residencia, Y los ingresos. Los solicitantes de becas deben ser aprobados antes del registro. Llame al 206-870-6527 para más información.**

Household Size	1	2	3	4	5	6	7	8
<b>50% Discount</b>	\$23,107	\$31,284	\$39,461	\$47,638	\$55,815	\$63,992	\$72,169	\$80,346
<b>75% Discount</b>	\$19,672	\$26,633	\$33,595	\$40,556	\$47,518	\$54,479	\$61,440	\$68,401
<b>90% Discount</b>	\$16,237	\$21,983	\$27,729	\$33,475	\$39,221	\$44,967	\$50,713	\$57,459

\* Acceptable forms of back-up information: Proof of Identity: driver’s license, ID card, or passport. Proof of Residence: utility bill or rental lease agreement. Proof of Income: most current tax return, most current paycheck stub, DSHS check stub, SSI statement.\*

## Basketball Training Clinic

Des Moines Parks and Recreation is the place to go if you want to develop as a basketball player. All levels are welcome! We will cover shooting, ball handling, passing, and how to play without the ball in hands. Sign up now and improve your basketball skills.

<b>Grades 3-8</b>	<b>\$137R/\$152NR</b>	<b>Field House</b>
Thu	Sep 5-26	5:30pm-6:45pm
Thu	Oct 3-24	5:30pm-6:45pm
Thu	Nov 7-28*	5:30pm-6:45pm

\*Makeup day for Nov 28 will be scheduled based on participant and facility availability.

## Preseason Hoop Camp

Basketball season is approaching fast – time to challenge yourself and improve your game! This developmental skills camp is designed to help players of all levels improve while having fun. Offensive focus: dribbling, passing and shooting. Defensive drills: foot positioning and handwork.

<b>Sat Nov 16</b>	<b>Field House</b>	<b>R/NR</b>
Grades K-2	1pm-3pm	\$25/\$30
Grades 3-8	9am-12pm	\$31/\$37

## Rams Hardwood Winter Basketball Camp

Players receive instruction from Mt. Rainier High School Basketball players and coaches, focused on individual development and team work. Players improve dribbling, shooting, rebounding and other essential basketball skills and use them in games and competition.

<b>Mon-Tue</b>	<b>Dec 16-17</b>	<b>Mt Rainier Gym</b>	<b>R/NR</b>
Grades 3-8	9am-12pm		\$56/\$66

## YOUTH ACTIVITIES

### Robyn's Nest Pre-School

Mom and Dad – take a break while your children have a great time learning, playing and meeting new friends under our watchful eye. Activities include arts and crafts, games, songs, puppetry and outdoor fun. Facilitators: Trained Staff with CPR/First Aid certification.

<b>Mon - Thu</b>	<b>Ages 4-5</b>	<b>Field House</b>	<b>R/NR</b>
Sep 16-30	9:30am-12pm		\$131/\$156
Oct 1-31	9:30am-12pm		\$276/\$328
Nov 4-21*	9:30am-12pm		\$160/\$190
Dec 2-19*	9:30am-12pm		\$174/\$207

\*No school Nov 11, Nov 25-28, Dec 23-31.

All prices subject to change due to school district schedules.

Find us on 

[www.facebook.com/desmoinesparksandrecreation/](http://www.facebook.com/desmoinesparksandrecreation/)

## Indoor Tot Time

Keep your little ones active indoors as the weather turns with age-appropriate exercise and play! We will have fun tumbling on mats, ride-on toys, and age-appropriate sports equipment available on hand. Join in the fun and watch them make new friends along the way. \$20 for a 10-visit punch card or \$3/drop-in per child.

<b>Mon/Wed</b>	<b>Ages 1-5</b>	<b>Field House</b>
Sep 9 and ongoing		10am-12pm

## Tiger Kids Martial Arts Course Overview

Instructor: Mitch Mayberry, International Champion, 9th degree Master

Fee: all participants must pay the \$14 AAU Membership in addition to the individual course fees. Uniforms optional and available from the instructor.

## Tiny Tigers Kung Fu & Taekwondo

A fun and less intense Martial Arts program focusing on fun and fitness while developing motor skills, coordination and improved listening skills through the use of games and training aids including bag kicking and swordplay for fun.

<b>Wed</b>	<b>Ages 3-6</b>	<b>Field House</b>	<b>R/NR</b>
Sep 11-Oct 30		4:20pm-4:50pm	\$92/\$110
Nov 6-Dec 18		4:20pm-4:50pm	\$81/\$97

## Tiger Kids/Family Martial Arts & Fitness

Kids and their parents, or just the kids, can have fun while developing coordination, focus and fitness. Students can progress in belts and learn the simple moves of Taekwondo/Karate to the cool moves of the Ninja Turtles (Kobudo Weaponry) and Kung Fu step-by-step promoting confidence, achievement and safety skills. Bag Kicking & Jedi Warrior sparring also for fun.

<b>Wed</b>	<b>Ages 7+</b>	<b>Field House</b>	<b>R/NR</b>
Sep 11-Oct 30		4:50pm-5:30pm	\$92/\$110
Nov 6-Dec 18		4:50pm-5:30pm	\$81/\$97

*Colored Belts 4:50-5:45pm.*



## TEEN



Des Moines Youth Council

### Des Moines Youth Council

Make new friends and gain leadership and organization skills participating in Des Moines Youth Council. The Council plans civic activities during the school year and participants earn credits towards reward activities offered at the end of the year – such as trips to Wild Waves or Seattle Mariners games. There is open enrollment – request an application. Parents are invited to attend the first meeting. Call in advance to confirm meeting dates. 206-870-6582. Facilitators: Recreation Staff.

**Thu 3pm–4:30pm Grades 6–9 Free**

### Teen Dances

Kick it at themed dance parties hosted by Des Moines Youth Council! Themed dance parties feature contests, concessions and dancing. Des Moines schools: Grades 6–8; waiver and student ID required for admission or Des Moines residents with parent verification. Call 206-870-6582 for policy information. Facilitator: Recreation Staff.

**Fri 7:30pm–10pm \$8 Field House**

Sep 27 Back to School  
 Oct 25 Monster Mash  
 Dec 13 Snow Ball

### Better Babysitters Class

Participants receive the knowledge and confidence to care for infants to school-age children through videos, activities, hands-on training and discussion for a complete learning experience. Babysitter Training teaches how to respond to emergencies, make decisions, communicate with parents, manage children, feed, diaper, care for infants and start a babysitting business. Bring a sack lunch and a snack. Bring \$16.50 materials fee to instructor, first day of class. Instructor: Gaylynn Smith, Pro Cert

**Sat Ages 11–15 Police Station R/NR**

Sep 14 8:30am–2:30pm \$56/\$68  
 Nov 9 8:30am–2:30pm \$56/\$68

## ATTENTION PARENTS!

### Parent's Night Out

Get date night back and enjoy peace of mind knowing your children are in the hands of caring, trained staff ready to engage them in active games and spark their imagination with arts and crafts. Dinner included.

**Fri Ages 4–12 Field House R/NR**

Oct 18 6pm–10pm \$20/\$24

### Holiday Drop & Shop

Parents – Looking for some time to shop with friends, family or wrap some gifts? Drop your kids off with us and under our watchful eye, they'll have a ball and you get time to get those holiday errands checked off!

**Sat Ages 4–12 Field House R/NR**  
 Dec 21 6pm–10pm \$20/\$24

**Sun Ages 4–12 Field House R/NR**  
 Dec 22 12pm–4pm \$20/\$24

## ADULT ENRICHMENT

### American Boating Course

Learn the essential information to operate a boat: boat handling, seamanship, necessary equipment, boat trailering, and much more. This course exceeds educational requirements in all states and a test is given at the conclusion of the course to qualify you for a boating education certificate. Bring a sack lunch. Fee includes textbook and all materials. Students are responsible for picking up supplies. Instructors: Poverty Bay Power Squadron.

**Sat Ages 12+ Public Works & Parks Service Ctr**  
 Sep 28 8am–4pm \$40

### Dog Obedience

Love your dog but all the chewing, jumping, barking and little "accidents" testing you? Dog Obedience should turn your little "terror" into a well-behaved pet. Proof of vaccination is required at first class. Instructor: Jan Magnuson, Retired Animal Control Officer, Champion Trainer.

Dogs	4+ months	Field House	R/NR
Wed	Sep 18 – Oct 23	6:15pm–7:15pm	\$95/\$105
Wed	Sep 18 – Oct 23	7:30pm–8:30pm	\$95/\$105
Wed	Nov 6 – Dec 18*	6:15pm–7:15pm	\$95/\$105
Wed	Nov 6 – Dec 18*	7:30pm–8:30pm	\$95/\$105

\*No class November 27.



## YOUTH, ADULT AND SENIOR REGISTRATION INFORMATION

### HOLIDAY CLOSURES:

Monday, September 2, Monday, November 11, Thursday, November 28, Friday, November 29, Tuesday, December 24 (City offices close at noon), and Wednesday, December 25

### PARKS AND RECREATION ADMINISTRATIVE OFFICE

1000 S 220th Street  
Des Moines WA 98198  
206-870-6527  
TDD Line: 206-824-6024  
Fax: 206-870-6587  
recreation@desmoineswa.gov  
www.desmoineswa.gov/155/  
Parks-Recreation-Senior-Services  
Hours: Monday–Friday, 8am–6pm

### DES MOINES ACTIVITY CENTER OFFICE SENIOR SERVICES

2045 S 216th Street  
Des Moines WA 98198  
PO Box 98576  
206-878-1642  
seniors@desmoineswa.gov  
www.desmoineswa.gov/217/  
Senior-Services  
Hours: Monday–Friday, 9am–4pm

### HOW TO REGISTER:

**Program registration:**  
www.desmoineswa.gov/dash  
**Walk-in:** check, cash, Visa/  
Mastercard  
**Phone:** Visa/Mastercard  
**Mail-in:** registration form with  
payment by check or Visa/  
Mastercard information.  
Registration forms are available in  
the offices or online at  
www.desmoineswa.gov/158/  
Forms-Documents

### REGISTRATION POLICIES:

Pre-registration is required for all programs unless otherwise stated. Registration is taken on a first-paid basis. Returned check fee: \$40 (plus 50% surcharge if collection action needed).

### RESIDENT PRIORITY:

Effective January 1, 2010, the City of Des Moines implemented a Resident Discount Policy offering residents discounted fees for recreation programs. Non-residents and city residents who choose not to provide proof of residency will be assessed the full fee for programs. The Resident Discount (RD) Fee is available to residents living within the City of Des Moines' jurisdictional boundaries and senior adults. To qualify for the RD Fee, participants

must provide proof of residency such as: valid picture ID with a Des Moines address or valid picture ID accompanied by a utility bill with their Des Moines Address. Sports teams qualify for the RD Fee when 51% of their players are Des Moines residents (proof of residency will be requested). The full program fee will be charged to participants who are not Des Moines residents or choose not to provide proof of residency. Questions related to residency should be directed to 206-870-6527.

### REFUND POLICY/ CANCELLATIONS:

When DMPR/SS cancels a program, a full refund or credit will be issued.

Refunds, less a \$20 administrative fee, will be granted when requested a minimum of five business days prior to the program/course start date.

No refund will be issued for:

- Programs costing \$10 or less
- Programs where admission fee was purchased in advance
- Special events

Medical illness or other extenuating circumstances will be handled on a case-by-case basis. Documentation of circumstance may be requested.

### DISCLAIMER:

Every effort is made to ensure that the information in this Recreation Guide is accurate. Because policies, personnel and funding can change, DMPR&SS reserves the right to amend or modify programs.

### ACCOMMODATION OF DISABILITIES:

The City of Des Moines is committed to accommodating citizens with disabilities and special needs. Des Moines Parks, Recreation and Senior Services will make every reasonable effort to ensure that programs are accessible. If you need assistance participating in our programs, please call us at 206-870-6527. TTY/TTD, 206-824-6024.

### GENDER EQUITY STATEMENT:

The City of Des Moines complies with the State of Washington's "Fair Play in Community Sports Act" (Chapter 467, 2009 Laws, effective July 26, 2009) that prohibits discrimination against any person on the basis of sex in the operation, conduct or administration of community athletics programs. Third parties, who contract with or receive leases or permits from the City of Des Moines for a community athletic program, are also prohibited from discriminating on the basis of sex. If you have questions or comments please contact Susan Cezar, Chief Strategic Officer.

### INCLEMENT WEATHER POLICY:

During periods of inclement weather, radio stations will report school closures and changes. Please listen for the Highline School District report.

**School Closed:** All Des Moines Recreation and Senior Services Department programs are cancelled.

**School Open/One-Hour Late Arrival:** All non-Club KHAOS (check parent packet for details) recreation programs will operate as scheduled. Senior programs prior to 10am are cancelled. Senior programs held after 10am—call 206-878-1642 for updated information.

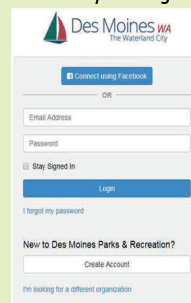
**School Open/Two-Hour Late Arrival:** All recreation and senior programs held prior to 11am are cancelled. Recreation programs held after 11am will be scheduled as usual. Senior programs held after 11am—call 206-870-6527 for updated information. When inclement weather occurs during school holidays, evenings or weekends, call 206-870-6527 or 206-878-1642 (Senior Programs) for updated information.



### Welcome to our registration system, DASH Online

Yes we have made the move to an Online registration system. Please follow the steps below to setup your account. Registering for Programs online at your convenience is now available. Office registration and payments will still be available.

1. Start by visiting: [www.desmoineswa.gov/dash](http://www.desmoineswa.gov/dash)



2. Select Create Account. Note: Enter YOUR personal information first, then add your children to the same account.
3. Enter Email address and choose email communication preference.
4. Enter your personal information and set up a password. On this screen you can also add children to the account.
5. To complete account set up, follow link provided with confirmation email. You are ready to login!

The first time you login, you will be asked to read and agree to The City of Des Moines liability waiver. Select "I have read and agree to the waiver", enter your account password and your initials for a digital signature. The waiver will be valid for one year from the date of signature. You are now ready to browse and register for activities!



Parks & Recreation Offices		Acreage	Facility / Address																				
Field House	Activity Center		PLAY AREA	BALL FIELDS	RESTROOMS	PICNICKING	BASKETBALL HOOPS	FISHING PIER/BOARDWALK	TENNIS COURTS	NATURAL AREA/TRAILS	RECREATION CENTER	WALKING PATH	CREEK	SCENIC VIEW	BOAT MOORAGE/LAUNCH	PARKING	BICYCLING	FACILITY RENTAL	BEACH	SKATEBOARDING	ART / HISTORICAL SITE	SEATING	COMMUNITY GARDEN
1	Barnes Creek Trail Kent-Des Moines Road to 15th Ave. S.	1.2																					
2	Big Catch Plaza SW corner of S. 216th & Marine View Dr. S.	0.2																					
3	Cecil Powell Park 250th & 13th Pl. S.	0.2																					
4	Des Moines Activity Center 2045 S. 216th Street																						
5	Des Moines Beach Park-Historic District 22030 Cliff Ave. S.	19.6																					
6	Des Moines Creek Trail Access at S. 200th St. (SeaTac), 18th Ave. S. & 216th St. and 13th Ave. S. & S. 211th St.	9.58																					
7	Des Moines Marina 22307 Dock Ave. S.	45																					
8	Des Moines Memorial Park Marine View Dr. S. & Des Moines Memorial Dr.	0.1																					
9	Dr. Shirley B Gordon Park 2194 S 262nd Ct.	0.86																					
10	Field House Park/Community Center 1000 S. 220th St.	5.2																					
11	Kiddie / City Park S. 230th St. & 21st Ave. S.	3.2																					
12	Mary Gay Park 1616 South 223rd St.	1.8																					
13	Midway Park S. 221st & 29th Ave. S.	1.6																					
14	Overlook I Park Corner of S. 223rd & Cliff Ave. S.	0.1																					
15	Overlook II Park S. 222nd & 5th Ave. S.	0.5																					
16	Parkside Park S. 244th St. & 25th Ave. S.	4.4																					
17	Parkside Wetlands 248th St. & 26th Ave.	14																					
18	Redondo Pier, Boat Launch & Boardwalk Redondo Beach Dr. & Redondo Way	2.79																					
19	Sonju Park 24728 16th Ave. S.	9.3																					
20	South Marina Park NE corner of S. 227th & Dock Ave. S.	0.8																					
21	Steven J. Underwood Memorial Park 21800 20th Avenue South	20.5																					
22	Water Tower Park 208th between 5th & 6th	1.34																					
23	Westwood Park 6th Ave. S. & S. 192nd St.	1.34																					
24	Woodmont Park Woodmont Dr. S. & 12th Ave. S.	8.7																					
25	Wooton Park 28202 S. 9th Ave.	2.3																					



## VOLUNTEER: CHANGE YOUR LIFE AND YOUR COMMUNITY

**GIVE BACK TO YOUR COMMUNITY!** Volunteers have a positive impact on our community through amazing service projects. We welcome volunteers from all walks of life—individuals or groups. Check out the unique ways you can contribute your time, energy and skills to strengthen this community!

### ADOPT-A-SPOT PROGRAM

Enhance the beauty of our community. Help us tackle park clean-up, landscaping, tree planting and general sprucing-up. Des Moines spots available for adoption include Big Catch Plaza, Overlook I and II and South Marina Parks. Contact: Janet Best, 206-870-6547 or jbest@desmoineswa.gov

### KING COUNTY BEACH NATURALIST PROGRAM

Volunteers help protect our beaches by enlightening users on ways to enjoy the beach without harming it. Contact: beachnaturalist@seattleaquarium.org

**FRIENDS OF DES MOINES CREEK** partners with community volunteers to remove invasive weeds, replant natives and maintain and protect the Des Moines Creek buffer. Contact: Laura Hartema, laurahartema@yahoo.com

### SONJU COMMUNITY ORCHARD & GARDEN

Harvest fruit and vegetables for the food bank or participate in the community garden/pea-patch work parties. Contact: Kim Richmond, friendsofsonjupark@hotmail.com

### DES MOINES ACTIVITY CENTER

Give back to our community's older adults by lending a hand, and you'll feel good, too! Seeking: Laptop/Cell phone One-on-One Help, Trip Drivers and Instructors. Contact: 206-878-1642 or seniors@desmoineswa.gov

### DES MOINES PARKS & RECREATION

Inspire our youth! Seeking volunteers to coach or assist with special events, teens for the youth council program, scouts, church groups, families and individuals for various projects around the city. Contact: 206-870-6527 or recreation@desmoineswa.gov

### THE HYDE SHUTTLE

Volunteers urgently needed to drive Sound Generations shuttles in Normandy Park and Des Moines assisting seniors and residents with disabilities. Safe and reliable transportation is needed for socialization, errands, appointments and recreational activities. Learn more by visiting [www.soundgenerations.org/transportation](http://www.soundgenerations.org/transportation).

**Must be 21 and older**

Avast Me Hearties!

## Buccaneers Bingo



**Friday, November 1<sup>st</sup>**

**5:30-9pm** Des Moines Activity Center

Call **206-878-1642** for more details



**Single Pirates and Wenches: \$25**

**8-Top Table Reservation (limited): \$150**

**Admission includes 12 Bingo Sheets**

**Meal: \$10**

- . Dine On Hearty Grub
- . Knock Back A Few Jell-O Shots
- . Win Some Loot
- . Cash Bar

**Hope No One Walks the Plank**



Proceeds benefit Des Moines/Normandy Park Senior Services & JDI Bothel #75



# FALL COMMUNITY EVENTS

## Poverty Bay Blues & Brews

**Saturday, August 24 – Noon–8 pm**  
Great Blues music and Craft Breweries at the Beach Park. Ticket required.  
www.drinktomusic.org, www.dmnprotrary.org

## Des Moines Senior Services Advisory Committee Cornhole Tournament & Fundraiser

**Wednesday, September 25 – 4:30pm – All Star Sports Bar Des Moines**  
If you've ever played before, you know how fun it is, if you have not, you need to give it a try! Discounts on all food and beverages, all proceeds go to the Senior Services. Prizes for the Top 3 teams. Must be 21+.  
Deadline to register online is Sunday, September 22. Any questions, contact Jeff at jrc441@comcast.net,  
https://www.brownpapertickets.com/event/4301229

## Trick or Treat Path & Halloween Carnival

**Thursday, October 31 – Trick or Treat Path from 3pm–6pm Halloween Carnival from 5pm–8pm**  
Treats at Marina District businesses followed by a kid's carnival at Des Moines Field House.  
www.destinationdesmoines.org

## Rainbow Bingo – Pirate Theme

**Friday, November 1 – 5:30pm–9pm**  
Ahoy, me Hearties! Batten down the hatches and Avast ye over to this year's pirate themed rainbow bingo for your chance to win the pirate's booty. Proceeds support programs at the Activity Center. www.desmoineswa.gov

## Des Moines Holiday Farmers Market

**Saturday, November 2 – 10am–4pm**  
Des Moines Beach Park Auditorium

## Squid-A-Rama

**Saturday, November 9, 4pm–7pm**  
Community event featuring squid at Highline College's MaST Center at Redondo.  
www.desmoinesartscommission.com

## Holiday Tree Lighting

**Friday, December 6 – 6pm**  
Community event with cookies, hot cocoa, caroling, photos with Santa at Big Catch Plaza.  
www.destinationdesmoines.org

## Breakfast With Santa

**Saturday, December 7 – 9:15am & 10:45am**  
Enjoy breakfast with Santa in one of two seating's at the Activity Center. www.desmoineswa.gov



## Argosy Cruises Christmas Ships & Bonfire

**Thursday, December 12**  
Community bonfire and choir singing from the Ship.  
Des Moines Marina – Choir 7:20pm–7:40pm  
Redondo – Bonfire 7:30pm–8:45pm, Choir 8:10pm–8:30pm.  
Ticket required for Christmas Ship seats.  
www.argosycruises.com

## 12 Days of Goodness

**Monday, December 23 – 10am**  
Together with some of pro football's most legendary players and representatives from Answers for Elders will be visiting the Des Moines Activity Center. Join us for The 12 Days of Goodness, to bring joy and touch the hearts of seniors!

## New Years Eve Day-Light Dance

**Tuesday, December 31 – 1:30pm–3:30pm**  
Come dance the afternoon away New Year's Eve style with the live music of Randy Litch. www.desmoineswa.gov/seniors



# WINTER EVENTS & CELEBRATIONS 2019 HOLIDAY PACKAGE

EVENTS HELD SEPTEMBER THROUGH DECEMBER 2019 RECEIVE:

SET UP AND TEAR DOWN WITH CHOICE OF AVAILABLE LINENS

USE OF SPEAKER SYSTEM IN ANY BUILDING

USE OF LCD PROJECTOR AND SCREEN

Items Included in any rental from September through December 2019 and are Based Upon Availability

CALL:  
206-870-9370

EMAIL:  
beachparkeventcenter@desmoineswa.gov

# Chicken ENCHILADA PLATE

+ Favoritos® 549



EL RINCON SITO  
it's So Good!



2 CHICKEN ENCHILADAS MEXICANAS or CHIPOTLE with rice & beans  
No Drink substitution

OPEN 3am  
FRIDAY & SATURDAY



BURIEN  
15101 Ambaum Blvd. SW | 206-431-0663  
FEDERAL WAY  
25914 Pacific Hwy. | 253-945-1116  
Visit our website for a location near you  
elrinconsito.com



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PROUDLY SERVING



## COUPON

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**BB**  
**CHEESEBURGER**

With purchase of any Combo

ONE COUPON PER PARTY.  
ONE OFFER PER COUPON.  
NOT VALID IN COMBINATION WITH ANY OTHER COUPON OR PROMOTION.  
NOT VALID ON KID'S MEALS  
EXPIRES 10-15-19



CALIFORNIA COMBO SPECIAL

Burger, fries & Favorito® Soda

\$549

119 SW 148th St. in Burien

3801 East Mckinley Ave. in Tacoma

1227 1st Ave. in Yakima